

Celebrate

10-10-10

with

Milford on Track

Milford Pumpkin Festival

5K/10K Road Race

Sunday, October 10, 2010

Milford Pumpkin Festival Weekend

9am start at Milford High School

Please join us!
Walkers Welcome



Our Wonderful Sponsors
Continuing to keep us Happy and Healthy!



Milford High School
Class of 2011
Class of 2012
Class of 2013



Free T-shirts to first 100 Registrants (includes both online & offline)

FEE:

\$25 Pre-registration, \$30 after 10/2/10, \$10 student fee - 18 and under

NUMBER PICK UP & REGISTRATION @ Milford High School:

10/9 6-8pm

10/10 7:30 – 8:30am

START TIME:

9:00am Milford High School

RACE COURSE:

5K

Left out of the Milford High School

West Street towards Osgood Rd

Left on Union Street

Right on Lincoln Street

Left on South Street

Around Oval

Right on Elm Street

Left on West Street

Left on Osgood

Left into Middle School parking lot

5K Ends at Milford High School

10K Continues past High School

Towards Osgood Rd

Right on Osgood Rd

Right on Burns Hill Rd

Right on Mason Rd

Left on Osgood Road

Left into Middle School parking lot

10K ends at the High School

Directions to Milford High School:

From North:

Rte. 13 South to center of Milford, west on Elm St., left at stop light onto West St., school $\frac{3}{4}$ mi. on left.

From South:

Rte 13 North, left onto Union St. (after going under Rte. 101), left at stop sign onto Osgood Rd., go by Middle School on right, take right onto West Street, High School $\frac{1}{2}$ mi. on right.

From East or West:

Rte. 101 to Rte 13 exit, proceed North on 13 toward Milford, take 1st left on Union St. and follow directions for arriving *From the South*.

Parking at Milford Middle School next to the High School

Please complete form and return to:

Milford Athletics Fundraising
c/o Milford School District
100 West Street
Milford, NH 03055

Please Circle:

5K
10K



\$25 Pre-registration, \$30 after 10/2/10, \$10 Student Fee 18 yrs and under

Please note: Incomplete or unsigned forms will not be accepted. All registration fees are non-refundable.

Yes, I want to make an additional donation! \$ _____

Name _____
Address _____
City _____
State _____ Zip _____
Phone ____ () _____
E-Mail _____

Age as of Race Date _____ Date of Birth _____

T-Shirts available to first 100 Registrants

I hereby for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against the sponsors, coordinating groups, race directors, and any individuals associated with the event, their representatives, successors and assigns, and will hold them harmless for any and all injuries suffered in connection with this event. I attest that I am physically fit to participate and compete in this event. Further, I hereby grant full permission to any and all of the foregoing to use my likeness in all media including photographs, pictures, recordings, or any other record of this event for any legitimate purposes.

Signature _____
(Must be signed by guardian if under 18)

Emergency Contact Name and Telephone _____

Please make checks payable to: **Milford Athletics Fundraising**

For information on becoming a sponsor or to receive more information about this project, please visit www.milfordtrackandfield.org or contact:

Paul Joyce @ 673-4201 X3333 or pjoyce@sau40.com or
Lori Pitsas @ 801-5008 or pitsas@comcast.net

We have greatly benefited from the generosity of donations from the following organizations, businesses and families. They will be permanently recognized on markers on the fields.

Founding Partners: The Kaley Foundation
The Marchesi Foundation
The O'Conner Foundation

Spartan Donors: Hampshire Hills Sports and Fitness Club
The Kallfelz Family
Milford Rotary Club
Milford High School Athletic Expenditure Fund
Milford Lumber

Titan Donors: Alene Candles
American Legion
Centrix Bank
Lamy's Black Belt Academy
The Lippitt Family
Maple Brook Family & Cosmetic Dentistry
Meridian Land Services
Milford High School Football and Cheerleader Booster Club
Milford Hospital Association
Milford Lions Club
Milford Mustangs
Milford Recreation Commission
Souhegan Valley United Soccer Club
Sports Authority
St. Joseph's Medical Center
State Farm Insurance – Tom Peters
Turnstone Corporation

Friends of the Athletic Facilities:

Ace Printing
Adecco Employment Services
Aegis Container
Affinity Salon
Allen & Major Associates, Inc.
Amherst Orthodontics
Amherst Yoga
American Legion
ASAP Fire and Safety
BAE Systems – The Denno Family
Tim & Celeste Barr
Bert & Renate Becker
Biker Chick Essentials
Kathy Bouchard
Centrix Bank
Robert & Chris Costantino
Connor Crowley
Contemporary Dodge
Crown Trophy
Daigle Servicing Co.
Danis Construction
Dunkin' Donuts
Eaton & Berube Insurance
Everett Sports
First Colebrook Bank

The Frame Depot
LTC Dennis M. Garnham
Harvard Pilgrim Healthcare Founda
Hendrix Wire & Cable Inc.
Hungry Herbs
Inspired Jewelry Designs
Interstate Electrical Services
Irving Oil
Jay Steel, LLC
Jenike & Johanson, Inc.
Josten's Company
Paul Joyce and Family
Isabella Kallfelz
Joyce Kingman
Edward Klopfer, D.D.S., M.Sc.D., I
Heather and Tim Leach
Jill Leach
Dave & Donna Levy
Ray & Denise Long
Longhorn Steak House
Mark Lawrence Photographers
Marriot Corporation

Milford Elementary School PTO
Milford High School Class of 2008
Milford High School Class of 2009
Milford High School Class of 2010
Milford High School Class of 2011
Milford Middle School Student
Advisory Council 2008
Milford Summer Basketball League
NH Safe and Lock Co, Inc.
One Source Security
Mark and Kathryn Parenti
Party Vision
Fredrick's Pastries
In Memory of McKayla Geisinger
Golf USA
Rollins & Carol Hardwick
Photography by JMarie –
Jacqueline Nauyokas
The Pitsas Family
Portrait Homes, Dave & Sue Asselin

Postal Center USA - Milford
RE/MAX Country Properties
John & Gail Ruonala
Gina Sanborn
Johnny Sheridan
Staples
Carole Smith
Technical Graphics
Bob Testa
In Memory of Jaiden Lyndi Tlapa
Toadstool Bookshop
Tony's Lanes
Marie Tule
Stephanie (Ulicny) Domin
Underwood Engineers, Inc. – Peter Pitsas
Vlachos Maintenance Service Inc.
Watchman Security Systems, Inc
Allen & Betsey White
White Duck Car Wash
Karl Zahn

